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CALIFORNIA STATE SHERIFFS' ASSOCIATION

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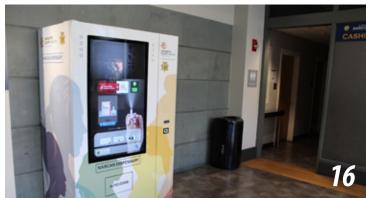
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Association Mission Statement: To support the role of Sheriff as the Chief Law Enforcement Officer in each county and to speak as a collective statewide voice on matters of public safety.

Foundation Mission Statement: To provide education and training services to the 58 Elected Sheriffs of California, their departmental employees and other members of the California State Sheriffs' Association.

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Again, thank you all for your continued support of the California State Sheriffs' Association Foundation.



- SHERIFF DON BARNES
- ORANGE COUNTY

It was a tremendous honor to be sworn in as CSSA President alongside my fellow executive officers at our annual conference last month. I want to thank Sheriff Chad Bianco, Riverside County Sheriff's Office, and our CSSA staff for their hard work to make the conference a success.

During my remarks at the installation banquet, I spoke about the areas I will focus on during the coming year as your president: crime, the border, jails, and technology. No sheriff is a stranger to these issues. My goal is to support your current efforts and ensure CSSA is leading in each of these four areas.

CRIME

First and foremost we must make crime illegal again in California.

We all know the "reforms" of the past decade have failed. The evidence is all around us. Grocery stores have been forced to lock up household items behind glass cases. Access to medicine is limited in some areas because drug stores have closed due to shoplifting. A major city has replaced traffic signals with stop signs to avoid copper wire theft. California has 30% of the nation's homeless population, despite only being 12% of the nation's population. Lax drug policy has resulted in soaring numbers of drug-related deaths.

Unfortunately our state leaders remain committed to Proposition 47 and other measures that have been detrimental to California. In the past few weeks we have seen the use of political gamesmanship and legislative tactics to derail an initiative intended to reform Proposition 47.

CSSA must continue to be a bold voice against such effort and support solutions based on the rule of law, consequences for criminal behavior, and a focus on the rights of victims.

BORDER

For the first time since the 1990s, California has the largest border crossing numbers in the country.

As other states have done what they need to do to secure their border, California leaders seem satisfied with the status quo. Over the past year I have spoken to heads of federal agencies and congressional committees about the consequences of no border security:

an influx of fentanyl, increases in human trafficking, and the real danger posed by people on the terror watch list who have entered our country with no vetting.

We must continue to focus on this issue, share the impacts the lack of border security is having on our local communities, work with federal partners, and demand the Legislature remove barriers to communication that hinder an effective strategy.

CORRECTIONS

Nowhere do sheriffs face more scrutiny than our jails, but I believe this is where we are most innovative. Realignment, new mandates, a mental health crisis, and ongoing closure of state prison beds have presented us all with significant challenges. In meeting our custody challenges, many of our agencies have kept in communication on current trends, shared best practices, and emulated each other's programs.

We must do more to highlight our good work in this area. We also need to continue to be vocal against attempts to shift more of the state prison population into our facilities and strongly oppose new attempts by the Legislature to micromanage jail operations.

TECHNOLOGY

Technology clearly is an important tool that all of us use to keep our communities safe. It is also an expensive tool and an area ripe for legislative intrusion. CSSA has been a critical focal point for sharing technology. This must continue and I look forward to building on opportunities to share technology and prepare our agencies for advancements like AI and Facial Recognition.

Our collective voice and the influence we bring on each of these issues is significant, and I believe we should swing a big bat when it comes to promoting the public safety policies we know work best. No one goes to a football game to watch their team play defense. It is time we go on offense. The issues are on our side and I believe the wind of public opinion is at our back. I look forward to working side by side with each of you in our shared mission of making California a safer place for all.

Sincerely,

Sheriff Don Barnes, Orange County CSSA President

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Executive Director's Perspective



- M. CARMEN GREEN
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If you are interested in becoming a Corporate 100 Partner, email
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Legislative Update



- CORY SALZILLO
- LEGISLATIVE DIRECTOR

Springtime in Sacramento is often full of legislative negotiations designed to craft and advance hundreds of bills. However, if a single issue has dominated this year's legislative agenda relative to public safety, it is the significant retail theft crisis plaguing every corner of our state. Californians are demanding that something be done by our state's leaders to get a handle on the rampant and blatant theft crimes that happen every day.

Several weeks ago, supporters turned in over 900,000 signatures in support of a proposed ballot measure to address not only retail theft, but another pervasive issue facing our state – the fentanyl crisis. This initiative, which enhances penalty and rehabilitative options for theft offenders while cracking down on those who poison our communities with fentanyl, will appear on the November 2024 election ballot.

As the initiative was making its way through the qualification process, legislators in both the Assembly and Senate crafted packages of bills designed to also deal with theft and fentanyl, but from the perspective that Proposition 47 from 2014 did not require amendment. While some of these bills contained provisions worthy of support, many felt they did not go far enough to address the persistent issues facing California.

In an attempt to get the initiative sponsors to pull the measure off of the ballot, legislators inserted "poison pill" language into their own bills that would have made the legislative bills inoperative if the initiative passes. In response to this, CSSA voiced its continued support for the initiative, as well as the policies contained in some of the legislative bills, but strongly objected to the addition of the amendments and the one-or-the-other choice that the "poison pill" language created.

As of this writing, the original initiative measure has been certified to appear on the November ballot. The fate of the legislative bills is unclear, and the latest bit of intrigue has been the rumor that the Governor and Legislative leadership would place a competing crime initiative on the 2024 ballot as well. It remains to be seen how this situation will ultimately play out.

In another uncommon occurrence, in late June, Governor Newsom delivered the State of the State address via prerecorded video. While there are no constitutional requirements or legislative rules that dictate the specific method by which the Governor must provide the State of the State, historically, it has been done in a live public speech in the month of March. The method and timing of his delivery of the State of the State was rather unconventional. His message was delivered on the heels of a very difficult budget deal he negotiated with the Democratic Leadership.

The Assembly and Senate approved three total budget bills and about 20 budget trailer bills that reflect the bulk of the budget package negotiated by the Legislature and the Governor. On June 13, the Legislature adopted its budget bill to fulfill the constitutional deadline to pass a budget despite there being no final agreement between the Executive and Legislative Branches. Negotiations continued and the agreement culminated with votes on the budget items on Thursday, June 27. Details of a few positive budget items:

VOCA FUNDING - VICTIM NOTIFICATION

Because of cuts to federal Victims of Crime Act (VOCA) funding, and absent state intervention, California would have experienced a shortfall of just over \$100 million in 2024-25 in vital victim services funding. The impacted programs aid child and elder abuse victims as well as survivors of domestic violence and human trafficking. The VINE program, which provides crucial victim notification services about the custody status of those who have perpetrated crimes against them, also stood to lose a significant portion of its supporting revenues without the state stepping in. Based on the advocacy of CSSA and dozens of other groups, the budget agreement includes \$103 million to backfill the lost federal VOCA funds.

LAW ENFORCEMENT MUTUAL AID

At the request and urging of Sheriffs and CSSA, the 2022-23 budget included \$25 million per year for three years to provide local law enforcement support during disasters and emergencies. This funding will reduce local costs, accelerate response time, and provide sustainable participation of all 58 counties within the State Law Enforcement Mutual Aid system by minimizing funding considerations from the decision-making process. The 2023-24 budget preserved this funding, and the 2024-25 budget does as well.

CALIFORNIA INTERNET CRIMES AGAINST CHILDREN TASK FORCE

The budget protects \$15 million one-time (\$5 million per year for three years, beginning in 2022-23) to continue the existing level of funding for this program, which helps state and local law enforcement agencies develop an effective response to technology-facilitated child sexual exploitation and combatting underground child pornography rings.

With Policy committee deadlines having passed and a budget deal on the Governor's desk, when the Legislature reconvenes from summer recess on August 5, it only has four weeks to maneuver all remaining bills through the policy and fiscal committees of their second house, then on to the floor and back to their house of origin by August 30. Monday, September 30 is the last day for Governor Newsom to sign to veto bills passed by the Legislature.

Cory Salzillo, CSSA's Legislative Director, is a partner of the firm WPSS Group, a pre-eminent team of advisors on matters involving state and local government. The firm effectively influences public policy in a broad spectrum of public sector issues.





The United States Supreme Court Reverses Oregon Homelessness Case, Finds Public Camping Laws Do Not Constitute "Cruel and Unusual Punishment" Prohibited by the Eighth Amendment

JAMES TOUCHSTONEGENERAL COUNSEL

In the recent case of City of Grants Pass v. Johnson, the United States Supreme Court ruled that the City of Grants Pass did not violate the Constitution's prohibition against cruel and unusual punishment when enforcing anti-camping ordinances against homeless individuals, reversing the Ninth Circuit's ruling to the contrary. Additionally, the Court's ruling overturns Martin v. Boise, a 2019 decision by the Court of Appeals for the Ninth Circuit, which held that the Eighth Amendment's Cruel and Unusual Punishments Clause bars cities from enforcing public-camping ordinances like the ones enacted in Grants Pass whenever the number of homeless people in a jurisdiction exceeds the number of "practically available" shelter beds.

BACKGROUND

Grants Pass, Oregon, is home to roughly 38,000 people, about 600 of whom are estimated to experience homelessness on a given day. Like many local governments across the Nation, Grants Pass has public camping laws that restrict encampments on public property. The Grants Pass Municipal Code prohibits activities such as camping on public property or parking overnight in the city's parks. Initial violations can trigger a fine, while multiple violations can result in imprisonment.

In a prior decision, Martin v. Boise, 920 F.3d 584 (2019), the Ninth Circuit Court of Appeals held that the Eighth Amendment's Cruel and Unusual Punishments Clause bars cities from enforcing public-camping ordinances like these against homeless individuals whenever the number of homeless individuals in a jurisdiction exceeds the number of "practically available" shelter beds. After Martin, suits against Western cities, like Grants Pass, proliferated.

Plaintiffs filed a class action on behalf of homeless people living in Grants Pass, claiming that the city's ordinances against public camping violated the Eighth Amendment. The District Court certified the class and entered a Martin injunction, prohibiting Grants Pass from enforcing its laws against homeless individuals in the city. Applying Martin's reasoning, the District Court found everyone without shelter in Grants Pass was "involuntarily homeless" because the city's total homeless population outnumbered its "practically available" shelter beds. The beds at Grants Pass's charity-run shelter did not qualify as "available," in part, because that shelter had rules requiring residents to abstain from smoking and requiring them to attend religious services.

A divided panel of the Ninth Circuit affirmed the district court's Martin injunction in relevant part. Grants Pass filed a petition for certiorari. Many States, cities, and counties from across the Ninth Circuit urged the Court to grant review to assess both Martin itself and Grants Pass specifically. Jones Mayer had the privilege of filing an amicus curiae brief on behalf of California State Sheriffs' Association, California Police Chiefs Association, Washington Association Of Sheriffs & Police Chiefs, and the Cities of Encinitas, La Habra, Placentia, San Juan Capistrano, Whittier, West Covina and Westminster, urging that both Martin and Grants Pass be overturned.

DISCUSSION BY THE COURT

United States Supreme Court Justice Gorsuch delivered the opinion of the Court. The Court first discussed the broad scope of the issue, nothing that many cities across the Western United States face a homelessness crisis.

According to the federal government, homelessness in this country has reached its highest levels since the government began reporting data on the subject in 2007. California alone is home to around half of those in this Nation living without shelter on a given night. By one estimate, perhaps 78 percent of the unsheltered suffer from mental-health issues, while 75 percent struggle with substance abuse. As the number of homeless individuals has grown, the number of homeless encampments across the country has increased as well, "in numbers not seen in almost a century."

The Court explained in Grants Pass that the Ninth Circuit's decision in Martin, holding that enforcement of ordinances such as anti-camping laws violated the Eighth Amendment, had led to both a proliferation of homeless encampments as well as significant uncertainties in cities as to what laws can be enforced, when and against whom. Significantly, the Court noted that the Eighth Amendment simply was not an appropriate vehicle by which to challenge these local ordinances.

The Supreme Court explained that the Eighth Amendment's Cruel and Unusual Punishments Clause "has always been considered, and properly so, to be directed at the method or kind of punishment" a government may "impos[e] for the violation of criminal statutes." Powell v. Texas, 392 U. S. 514, 531–532 (1968) (plurality opinion). It was adopted to ensure that the new Nation would never resort to certain "formerly tolerated" punishments considered "cruel" because they were calculated to "superad[d]" "terror, pain, or disgrace," and considered "unusual" because, by the time of the Amendment's adoption, they had "long fallen out of use."

In holding that the enforcement of generally applicable laws regulating camping on public property does not constitute "cruel and unusual punishment" prohibited by the Eighth Amendment, the Court noted that the Eighth Amendment was a poor foundation on which to rest the kind of decree the plaintiffs sought in Grants Pass and the Ninth Circuit had endorsed since Martin. The Cruel and Unusual Punishments Clause focuses on the question of what "method or kind of punishment" a government may impose after a criminal conviction, not on the question of whether a government may criminalize particular behavior in the first place. Powell, 392 U. S., at 531–532. With this history in mind, the Court found that the "punishments" imposed by Grants Pass at issue in the case did not qualify as cruel and unusual. The city imposed only limited fines for first-time offenders, an order temporarily barring an individual from camping in a public park for repeat offenders, and a

maximum sentence of 30 days in jail for those who later violate an order.

The Court noted that many governments agree that policymakers need access to the full panoply of tools in the policy toolbox to tackle the complicated issues of housing and homelessness. However, rather than help alleviate the homelessness crisis, many cities believe injunctions based on the Ninth Circuit's decision in Martin v. Boise have inadvertently contributed to it. For many cities, the numbers of unsheltered homeless they represent have increased dramatically in the Ninth Circuit since Martin. In overruling both Grants Pass and Martin, the Court has returned to local municipalities and law enforcement agencies many significant tools effectively taken away in Martin.

The Supreme Court summarized: "Homelessness is complex. Its causes are many. So may be the public policy responses required to address it. At bottom, the question this case presents is whether the Eighth Amendment grants federal judges primary responsibility for assessing those causes and devising those responses. It does not. Almost 200 years ago, a visitor to this country remarked upon the "extreme skill with which the inhabitants of the United States succeed in proposing a common object to the exertions of a great many men, and in getting them voluntarily to pursue it." 2 A. de Tocqueville, Democracy in America 129 (H. Reeve transl. 1961). If the multitude of amicus briefs before us proves one thing, it is that the American people are still at it. Through their voluntary associations and charities, their elected representatives and appointed officials, their police officers and mental health professionals, they display that same energy and skill today in their efforts to address the complexities of the homelessness challenge facing the most vulnerable among us.

Yes, people will disagree over which policy responses are best; they may experiment with one set of approaches only to find later another set works better; they may find certain responses more appropriate for some communities than

others. But in our democracy, that is their right. Nor can a handful of federal judges begin to "match" the collective wisdom the American people possess in deciding "how best to handle" a pressing social question like homelessness. Robinson, 370 U. S., at 689 (White, J., dissenting). The Constitution's Eighth Amendment serves many important functions, but it does not authorize federal judges to wrest those rights and responsibilities from the American people and in their place dictate this Nation's homelessness policy."

The Court's decision in Grants Pass provides considerable discretion as to a municipality's ability to enforce quality of life laws applicable to all persons, including those who are homeless. The Court observed, for example, that anticamping ordinances applied to all persons, not just the homeless. Other persons would equally be prohibited from engaging in conduct that violates such laws. As a result of this ruling, municipalities may now proceed with enforcement of municipal provisions prohibiting camping in selected locales, fire restrictions in certain areas, and blocking of sidewalks by persons or structures, among others. The freedom to pursue thoughtful and fair laws will provide the flexibility to municipalities to attempt to address issues negatively affecting both those who are housed and those who are unhoused in a supportive, productive manner. It will permit local municipalities to make choices and solutions reflective of their populations to balance the needs of the homeless with the needs of local businesses and housed residents. The Grants Pass decision may also have a salutary effect on litigation pending against many municipalities throughout the Ninth Circuit, including, most importantly, California. 🔯

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Wellness Update



SHERIFF ROBERT JONSEN,
 SANTA CLARA COUNTY

COURAGEOUS HEART THE HUMAN BEHIND THE BADGE A Sheriff's Journey to Wellness

Research continually shows officers experience disproportionately poor physical and psychological health outcomes compared to the general population, and many of us are perfect examples of how a law enforcement career has taken its toll on our bodies and minds.

My story is probably like yours, even though we've had different experiences along the way. I was young, metabolically fit, and extremely excited about having the opportunity to work for one of the largest law enforcement agencies in the country when I was hired by the Los Angeles County Sheriff's Department in 1986. Physical fitness had always been a part of my life, and one of the areas I would stay committed to upon graduating from the Academy. Yet, a decade after graduating, I was prescribed blood pressure and cholesterol medicines and told I was at risk for developing coronary artery disease.

The toll is gradual, and the psychological impact for me most likely began when I started my patrol career. You see, I grew up in a pretty normal setting and did not see a tremendous amount of community violence as a youth. I started my patrol training when I was 25 years old in South-Central Los Angeles and remember one of my first calls was of a gang-related shooting. When my training officer and I arrived at the scene there was a teenage boy dead on the sidewalk. He had been shot at such close range; I still see the gunshot imprint on his forehead in my mind's eye thirty-plus years later. I would soon learn this type of call was not an anomaly, but a reality for the jurisdiction we served. The constant exposure to trauma and suffering stacks up without us even realizing it. It had gotten to a point where the protective vest we put on every day was never coming off. Yes, the physical vest would be taken off at the end of the shift, but the contortion around my chest, the feeling of anxiety always remained, and the pressure I felt was immense.

My doctor would continue to tell me to take the medicine, exercise, and eat healthier foods. No matter how much I exercised, or how well I watched my diet, the symptoms persistently remained. To be honest, I'm not sure at what point in my career the "anxious feeling" led to having a drink (or two) at the end of the day, but it was early on. Eventually, I began waking up every night around two or three in the morning, unable to fall back to sleep- resulting in about 5-6 hours of sleep a night (which became the norm). I developed irritable bowel syndrome, which lasted for years.

That all changed in 2015 when my blood pressure skyrocketed to 220/180. My family, doctors, and even my mayor were telling me it was time to prioritize my health. Surprisingly, it was the mayor's advice that would change my life forever. I was the Chief of Police for the

City of Menlo Park at the time and over a cup of coffee, she suggested I evaluate mindfulness for law enforcement. I had never heard of mindfulness before but would soon be enrolled in a three-day training class on mindfulness and resiliency in Oregon. To my amazement, I left the training feeling more energized and excited about our profession than ever before, and I wanted to find out more about what I'd just experienced because, within days of incorporating various meditative practices into my life, the feelings of anxiety had almost completely diminished. As my commitment to practice continued, the need for a drink at the end of the day was no longer part of my daily routine, sleep came easier, my IBS resolved, and within months my blood pressure was stable - without the medication!

We secured funding to send the entire Menlo Park Police Department to the training. My fascination with the topic prompted me to attend additional mindfulness-based trainings, participate in Compassion Cultivation Training (CCT), The Science of Happiness training, MBSR, silent retreats, and ultimately work with the Compassion Institute on developing the "Courageous Heart– The Human Behind the Badge" program (CH). Like other wellness programs for law enforcement, CH was developed based on a strong foundation supported by science. I have found over the years that compassion-based skills (both compassion towards self and with others) are essential healing elements in the law enforcement experience. Mindfulness alone can help manage stress short term, but it doesn't appear to adequately address the isolation, emotional repression, and deficits in social support that officers face.

Jane Chun (researcher for Compassion Institute) wrote, "Given the crucial responsibility of police officers to serve and protect, in addition to their authority to physically handle and arrest civilians, it is vital that they have access to care and services to maintain optimal physical and psychological health. This is in the best interest of the officers, their families and social circles, civilian community members, and the broader law enforcement system."

As public safety leaders, we must ensure our personnel have the resources they need to stay healthy. Find a program that works for your agency and allows the workforce to thrive.

Robert Jonsen, *Sheriff of Santa Clara County Be Fit. Be Well. Be More!*

Media Update





- LAURA COLE, TRANSPARENCY ENGAGEMENT ADVISOR
- JOE VAZQUEZ, TRANSPARENCY ENGAGEMENT ADVISOR

he nationwide law enforcement manpower shortage has hit hard in California and sheriff's offices are rising to the challenge with communications strategies designed to stem the tide.

The Los Angeles County Sheriff's Department - the largest sheriff's office in the world and the second largest law enforcement agency in the country – now has more than 1,350 unfilled sworn positions on a force budgeted for 10,250 sworn officers — a shortfall of more than 13%, according to LASD's Public Information Office.

"In the Los Angeles County Sheriff's Department, we have been laser focused on increasing our recruitment efforts, efficiently streamlining candidates, and hiring more deputies by the end of the year," said Sheriff Robert Luna, whose department polices about half of the incorporated cities in Los Angeles County and all of the unincorporated county areas.

In the Central Valley's Merced County, population 290,014, Sheriff Vern Wernke said he is so shorthanded he has recently begun to answer 911 calls himself, as reported by the Los Angeles Times.

"I'm fighting for the sheriff's office's life right now," Warnke said in a social media channel post. "Folks, it's bad."

The manpower shortage stems from a combination of a tightening labor market and community perceptions about law enforcement, according to a report from the U.S. Bureau of Justice Assistance issued last year.

The manpower crisis is being met with a full court recruitment press by sheriff's offices around the state, leaning heavily on communications. California sheriff's offices are expanding and diversifying their use of social media as their direct line with the public. Many sheriff's offices have expanded their use of LinkedIn for hiring. Unlike Facebook and Instagram, which cast wide nets, LinkedIn's vast professional network provides access to a diverse pool of potential candidates, including those who might not be actively seeking jobs but are open to new opportunities. LinkedIn offers sophisticated recruitment tools that assist both the candidate and the employer. It also allows agencies to specifically build and promote their brand.

Short form videos are now being used by sheriff's offices as a major aspect of a diversifying their communications strategies. Based on the TikTok model, social media platforms are now strongly promoting videos that are less than a minute long – the optimum time is 15 seconds – based on what appears to be an understanding of a shortening attention span of the viewer. This format allows for creative and authentic content that can showcase an agency's culture.

By experimenting with multiple social media platforms, sheriff's offices are enhancing their recruitment strategies and tapping into a new and diverse pool of candidates while offering a positive image of the profession.

Still, a communications strategy is only one plank in the platform for recruitment efforts. Many sheriff's Offices are also boosting pay, improving benefits and expediting the hiring process, which can be a frustratingly slow process.

"We recognize that law enforcement agencies across the nation are dealing with staffing shortages which presents overtime challenges and ultimately takes a toll on employees," said Sheriff Luna. "Not only are we making recruitment and staffing a priority, but we are also implementing retention and employee wellness efforts because our personnel are our most valuable asset."



he San Diego County Las Colinas Detention and Reentry Facility (LCDRF) is the primary booking and holding facility for women arrested in San Diego County. This facility opened in 2014 and was built using Board of State and Community Corrections (BSCC) AB 900 Jail Financing monies. The LCDRF is exceptional in its design, collaborative and trauma-informed culture, enhanced gender responsive training, number and variety of reentry programs, and partnerships in the justice and community spaces.

Infrastructure: When you step onto the 45-acre campus, you will be struck by the design of the facility. The facility was made to create a normative environment that offers opportunities for learning, healing, and supports the needs of the women housed there. The experience of the individual at booking is unique in that the area is open, and arrestees have independent access to phones and restrooms. All housing units offer an element of warmth with soothing paint colors, murals of local landscapes and plenty of natural light. Each of these aspects have been shown to decrease stress, anger, depression, and anxiety. The contracted architect created spaces that are gender-responsive in their design. The LCDRF campus offers numerous classrooms, areas for specialized Career Technical training (CTE), a large outdoor amphitheater, expansive family visitation areas, and rooms which are specifically created for mothers to bond with their children through play and literature. There is significant professional visit space which allows community in-reach services and linkage to reentry planning. The facility accommodates the medical and mental health needs of the population by providing areas for confidential evaluations, areas to wait for appointments, and a lactation room for incarcerated mothers.

Collaborative Culture: The Sheriff's Detentions Training Unit is housed at this facility. This space and proximity provide trainers with large classrooms and technology that benefits the entire Sheriff's Office. Having learning spaces at this innovative facility contributes to the foundation of collaboration and a trauma-informed culture. Early in its design and opening, the Sheriff invested in training by renowned experts in gender-responsive approaches to incarcerated women. This training is required for all volunteers, contracted providers, and county partners who provide direct services within the facility. With a focus of helping the individuals in our custody, deputies specialize in managing visits, the Psychiatric Stabilization Unit (PSU), the Psychiatric Step-Down Unit, and reentry services. This offers expertise and consistency for the population and other staff. The mission of consistent communication and expanding opportunities helps us leverage resources and recognize successes. This is achieved through multi-disciplinary meetings, and wellness walks in the housing areas which contain individuals who have high behavioral health needs.



Programs and Services: The Reentry Services Division has adapted programs, classes, and services to accommodate both the sentenced and unsentenced populations. They serve high-level classifications and meet both long and short-term reentry needs. Psychosocial, wellness, academic, and career technical education programs are offered to the women housed at the LCDRF.

Correctional counselors facilitate gender-responsive traumainformed groups using curriculums created by leading expert Dr. Stephanie Covington. Groups such as Beyond Anger and Violence, Healing Trauma, and A Woman's Way Through 12-Steps have greatly

benefitted the population. These programs focus on setting boundaries, self-soothing and grounding skills, and opportunities for creative expression. All three curricula utilize visualization, collages, and yoga poses to engage participants. Healing Trauma has been the preferred curriculum as it is five sessions and can accommodate those that spend less custody time due to shorter sentences, also included are unsentenced individuals with future court dates scheduled beyond the date of the cohort. This curriculum has been well received by the female population and Dr. Covington's Healing Trauma for Men was introduced at our male reentry facility.

We are proud of the work being done at the LCDRF. We see real opportunities and continue to expand our programs which invest in our staff, our incarcerated population and ultimately make real contributions to reduce recidivism and keep our communities safe.









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California State Sheriffs' Association = www.calsheriffs.org



GRETCHEN SPIKER, SAN MATEO'S SHERIFF'S DIRECTOR OF COMMUNICATIONS

he San Mateo County Sheriff's Office operates two correctional facilities – the Maguire Correctional Facility and the Maple Street Correctional Center.

Over the past several years, the number of incarcerated persons with addiction and mental illness in the Office's care has increased.

Approximately 70 percent of people who are booked into San Mateo County's Maguire Correctional Facility are addicted to alcohol or drugs. Additionally, around 48 percent of people have a form of mental illness. Two-thirds of all incarcerated persons leave the facility within five days. That leaves correctional staff, on average, five days to change the course of someone's life.

A NEW APPROACH

San Mateo County Sheriff Christina Corpus, who started her career in corrections, quickly recognized these ever-changing and growing needs. This was the catalyst for her in April of 2023 – just four months into her term as Sheriff – to seek out long-term solutions to help address those challenges.

"I saw how addiction and mental illness were severely impacting the lives of those in our correctional facilities and knew we could work collaboratively to make a real impact and save lives," said Sheriff Corpus. "In response to the needs of incarcerated persons in our care, we have now become so much more than just a correctional facility. Our facilities are now hospitals, mental health clinics, and more."

With Sheriff Corpus' vision, and support from San Mateo County Health's division of Correctional Health Services, change began. Now, one year later in April of 2024, we take a look at the programs and how they're changing lives.

The first step - prioritizing mental health and well-being

The Sheriff's Office and Correctional Health Services first set out to find a holistic approach to providing wrap around services for incarcerated persons with mental illness. The initial step was to expand the existing Behavioral Health Unit.

The unit consistently houses 50 incarcerated persons each day, is staffed with two correctional officers, one registered nurse, two mental health providers, and an on-site doctor available to assist. Together, they provide not only routine checks and care, but they also develop personalized long-term plans to incarcerated persons upon their release.

This pre-and post-release planning often involves medicationassisted treatment to help reduce cravings and allow patients to focus on their recovery. The program also connects them with a mental health provider and transitions them into a treatment program overseen by a case manager.

The immediate goal is to reduce violent and self-harm behaviors within the correctional facility, improving the safety and quality of life of incarcerated persons. The long-term effects of the medication and treatment approach leads to greater balance, stability, and wellbeing. Simply put, it provides individuals with the opportunity to gain their lives back.

This measurable change is not only demonstrated in the numbers, but is also felt by the real-life impact. Just recently, Sheriff Corpus received a phone call from a mother of an incarcerated person at the Maguire Correctional Facility. Her son grapples with mental illness and receives care in the Behavioral Health Unit.

"This is the first time I've had a real conversation with my son in five years," she told the Sheriff.

Expansion and evolution - making space to address alcohol and drug addiction

While the Behavioral Health Unit was continuing to make a significant long-term impact in ways never done before, the Sheriff and those working in the space recognized a gap in service.

With 70% of incarcerated persons being addicted to alcohol or drugs, many were being booked in while either under the influence or detoxing from those substances.

Detoxing can be an incredibly painful and lengthy process. As your body adjusts, a person may experience symptoms such as nausea, vomiting, diarrhea, body aches, fever, and more – all in addition to withdrawals. Detoxing typically takes as few as 72 hours, but in some cases can last as long as seven days. Going through this painful process in custody exposed an opportunity to create safer and more humane practices.

That's where the Sheriff's vision for a dedicated space to detox came to be in April of 2023, now referred to as the Medical Observation Unit.

In this unit, like the Behavioral Health Unit, there is a dedicated team with customized resources on site and readily available to help a person go through the process ahead of them. The unit is staffed with two correctional officers, a nurse, and a mental health provider. Additionally, a doctor is on site and available to assist.

The unit, which initially included nine beds, has continued to evolve and now houses double the people with 18 beds.

BY THE NUMBERS

The Behavioral Health Unit

Since February of 2023, the Behavioral Health Unit has served 224 incarcerated persons

- 224 of those people are men, while 63 are women
- Of those 224 people, 99 been successful and have not reentered the unit

The Medical Observation Unit

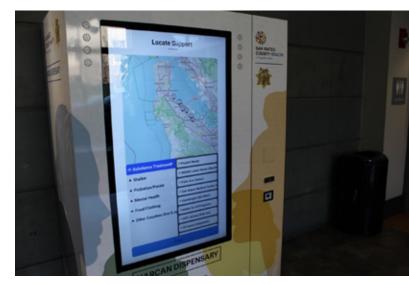
- Since April of 2023, the Medical Observation Unit has served 797 incarcerated persons
- 670 of those people are men, while 127 are women
- Of those 797 people, 722 have been successful and have not re-entered the unit



Expanding resources to the community as a whole

The machine allows community members with just one press of a button to receive two doses of Narcan at no cost and with no questions asked.

In addition to caring for incarcerated persons within the correctional facilities, the Sheriff's Office and Correctional Health Services took resources a step further with the goal of saving even more lives.



A few examples of the community resources and support that can be accessed through the machine.

One of those ways was to ensure everyone in the community had access to Narcan, the life-saving medication that can reverse an opioid overdose. Thanks to a grant from Health Management Associates, in March of 2024, the Sheriff's Office and Correctional Health Services unveiled a new machine that dispenses Narcan at no cost.

The machine, which is located in the public lobby of the Maguire Correctional Facility, dispenses two free doses of Narcan to anyone in the community who may need it.

Not only does the machine dispense the medication, but it also provides an interactive list of community resources for substance treatment, mental health, and basic needs like clothing, food, shelter, and more. Bringing immediate life-saving treatment and long-term solutions together with one touch of the screen.

The Sheriff's Office has learned that it is one of the pioneers in using this type of dispending unit to provide both the medication and resources.

These programs and their successes would not be possible without the dedicated correctional officers and Correctional Health staff who thoughtfully care for those in custody year-round.

Gretchen Spiker

Sheriff's Director of Communications San Mateo County Sheriff's Office pio@smcgov.org



In June, the Riverside County Sheriff's Office had the honor and pleasure of hosting our law enforcement partners for the 130th California State Sheriffs' Association Annual Conference held in the Coachella Valley.

In this 21st-century policing, events like the CSSA Annual Conference are crucial to strengthening bonds within our profession and learning from each other's successes and experiences. Our four-day event was packed with opportunities for networking, professional development, and of course, some downtime.

Mental health is a critical issue facing law enforcement today. While public discourse about mental health has become more commonplace, there is much work to be done when it comes to destigmatizing mental health struggles within our profession. The POST Training focused on mental health awareness. We were fortunate to have Santa Clara County Sheriff Robert Jonsen's insight and knowledge about how leaders in law enforcement can support our members through emotionally and mentally challenging situations. Sheriff Jonsen's presentation, "An Introduction to Resilience and Compassion Training for Public Service" provided a roadmap for our agencies to identify and successfully address" the myriad of mental health issues prominent not only throughout the communities we serve, but also amongst our own law enforcement family.

Our country endured several trials over the last four years: a pandemic and shutdown, along with civil unrest. Law enforcement was also the subject of intense public scrutiny and protest. According to the American Psychological Association, 1 of every 4 essential workers has been diagnosed with a mental health disorder since the pandemic. It's no surprise given the roles our agencies assumed

during those challenging times. Sheriff Jonsen's presentation provided confirmation about the effects of stress and mental health on the body, while offering practical suggestions on how an employee can recognize mental health issues and how we can assist.

We cannot emphasize enough the sacrifices spouses in law enforcement make every day. Often, that means holding down the fort at home and managing the finest details of family life. One of the highlights of the conference is the Spouses Meet & Greet. This was a great opportunity for spouses to share advice and build lasting friendships.

Our Sheriffs also had opportunities to learn from each other's experiences. The Welcome and Networking Receptions provided a casual and relaxed atmosphere for our Sheriffs to connect one-on-one with each other and our many Corporate 100 Partners, Sponsors, and Vendors who helped make this event a success. On





the third day of the conference, there was a golf tournament at the Indian Wells Golf Resort, as well as some comradery building at the cornhole tournament and pistol shoot competition.

We ended the Conference with our Installation Banquet, with Assembly Member Phillip Chen swearing in our 2024-2025 Officers:

- President Sheriff Don Barnes, Orange County
- 1st Vice President Sheriff Brandon Barnes, Sutter County
- 2nd Vice President Sheriff Chad Bianco, Riverside County
- Secretary Sheriff Ian Parkinson,
 San Luis Obispo County
- Treasurer Sheriff Shannan Moon, Nevada County
- Sergeant-at-Arms Sheriff Jim Cooper, Sacramento County (pictured separately for his swearing in)

We hope everyone left this year's Annual Conference with some fresh ideas, a sense of support among peers, and the inspiration to continue providing quality public safety to our communities. Thank you to everyone who made the 130th California State Sheriffs' Association Annual Conference a success.

Information on Riverside County: The future holds much promise for our community. Riverside County ranks fourth in population growth in California. We are flourishing and evolving. We remain a tight knit community that bands together and faces challenges together. The Riverside County Sheriff's Office has grown along with our county. Today, we operate five jail facilities, six court buildings, a civil bureau, the Coroner's Bureau, Public Administrator's Office, 12 patrol stations, and 16 contract cities. There are 4,200 members in our agency working with an operating budget exceeding one-billion-dollars. We are proud of the desire and determination of our employees to serve.



Sheriff Mike Boudreaux (23-24 CSSA President) and Sheriff Chad Bianco (Riverside County - Host Sheriff) Cutting the Ribbon for our Opening Ceremonies.



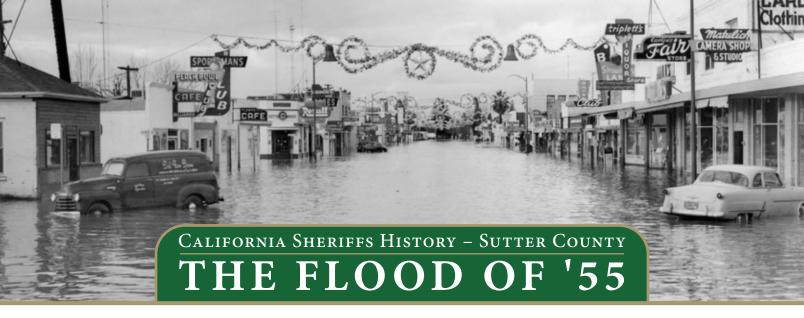
Spouses Group Photo



Sheriff Bob Jonsen's presentation on "An Introduction to Resilience and Compassion Training for Public Service."



Sheriff Jim Cooper, Sacramento County being sworn in as Sergeant-at-Arms by 23-24 CSSA President Sheriff Mike Boudreaux, Tulare County.



utter County is established between two rivers, the Sacramento, and the Feather. Sutter County covers an area of 606.8 square miles. Sutter County is perhaps the most renowned for being home to the smallest mountain range in the world, the Sutter Buttes. The southern half of the county shares its borders with the counties of Sacramento, Yolo, and Placer. The neighbors of the northern half include Colusa, Butte, and Yuba counties. Sutter County boundaries were fixed in their present locations around 1856.

Sutter County is proud of its agricultural heritage and has the distinction of developing the seedless grape, a product which revolutionized the raisin industry. Another agricultural development in Sutter County was the origination of a hardy, prolific strain of wheat by Edward Proper in 1868. Sutter County is also known for its rice, walnut, peach, tomato, and prune production.

Within a one-hour drive radius, residents of Sutter County have access to three state universities, a major metropolitan airport, the State Capitol, and the recreational areas of the Sierra Nevada Mountain Range. Local recreational features include hunting and fishing.

HISTORY/HOCK FARM

In the early 1800's, the area now known as Sutter County was inhabited by the native Maidu Indians. Members of various Spanish expeditions in search of mission sites, and fur trappers lured by the abundant wildlife, traveled through in 1841. The bulk of the territory was deeded by the Mexican Government to the County's namesake, John Augustus Sutter. Established in 1842, John Sutter's Hock Farm was the first large-scale agricultural settlement in Northern California, composed of grain, cattle, orchards, and vineyards. By 1864 Sutter could no longer maintain the farm as the California Gold Rush had depleted the area of manpower and Sutter could no longer hire workers due to his dwindling financial situation. The Mansion located on Hock Farm was destroyed by an arson fire on June 21, 1865. The blaze destroyed all of Sutter's personal records of his pioneer life as well as works of art and priceless relics. Sutter ultimately lost hock Farm due to the enormous cost of litigation trying to perfect his land titles in the now, United States courts. Sutter County was incorporated by the California State Legislature on February 18, 1850, as one of the state's original 27 counties.

'55 FLOOD

In 1955, just minutes past midnight on Christmas Eve, the Gum Tree Levee on the Feather River in Sutter County collapsed, sending a 21-foot wall of water into Yuba City. A bombardment of precipitation slammed the entire west coast with approximately 15 inches of rain fall in a 24-hour period. During the flood, roughly 40,000 people evacuated the surrounding area, with over 600 people needing to be rescued by boat or helicopter. A statewide disaster was declared, with the flood resulting in 74 deaths and roughly \$200 million in economic losses. Undersheriff

Charles Blackburn and Deputy John Talley gave their lives during the 1955 flood, they were driving to warn residents of the levee break when their patrol car was overtaken by water. They are memorialized on the Officer Down Memorial Page, as well as a memorial recreational park "Blackburn Talley" in Yuba City. Their End of Watch was December 24, 1955.

WHERE WE'RE HEADED

Over the past one-hundred and seventy-four years, twenty-four sheriffs have faithfully served Sutter County. Sheriff Brandon Barnes was elected in 2019 and since that time has worked to honor our values and traditions, while incorporating technology and a community-based policing philosophy to make Sutter County a premier place to work. With about 160 employees, 3 main divisions, numerous auxiliary assignments and units, the Sutter County Sheriff's Office also plays a crucial role in the care and custody of incarcerated persons for the county. The sheriff's office handles crime prevention, law enforcement and criminal investigations in the unincorporated areas of the county, and the contracted City of Live Oak. Sutter County is the ideal place to work, raise a family and enjoy the abundant recreational activities in the area. We encourage you to check out the Sutter County Sheriff's Office at www.suttersheriff.org



20

California State Sheriffs' Association Foundation

Membership Program

Individuals and Businesses who want to take a proactive approach to support public safety in their communities may join the California State Sheriffs' Association Foundation (CSSAF). CSSAF is entirely funded by the generous contributions and support from our members. We are a qualified, non-profit organization under 501(c)(3) of the Internal Revenue Service Code, which means that your donations qualify as tax deductions. The sheriffs of California have full

control and direction of all association operations and activities.

Individual Membership Levels

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- ★ One-year subscription to California Sheriff

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- ★ Metal license plate holder
- ★ Two Bumper stickers
- ★ Name recognition as a Lifetime Member in *California Sheriff*
- ★ Lifetime subscription to California Sheriff
- ★ Lifetime Member specific merchandise

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- ★ Membership cards
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- ★ One-year subscription to California Sheriff
- ★ Partner listing on our website, calsheriffs.org (Gold Members Only)
- ★ Partner listing with your website link on our website, calsheriffs.org (Platinum Members Only)

We never solicit by telephone.



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U	Microfleece Zip-Up Jacket All sizes back in stock!	Heather Charcoal Color Womens: S • M • L • XL • 2XL (CIRCLE ONE) Mens: M • L • XL • 2XL • (CIRCLE ONE)	\$45	
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