

CALIFORNIA Sheriff

CALIFORNIA STATE SHERIFFS' ASSOCIATION

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Telephone 916-375-8000; 1-800-761-CSSA (2772)

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CALIFORNIA STATE SHERIFFS' ASSOCIATION

1231 I Street, Suite 200, Sacramento, CA 95814

Telephone 800-761-2772 • Fax 916-375-8017

Website calsheriffs.org • e-mail members@calsheriffs.org

STAFF

M. Carmen Green, Executive Director

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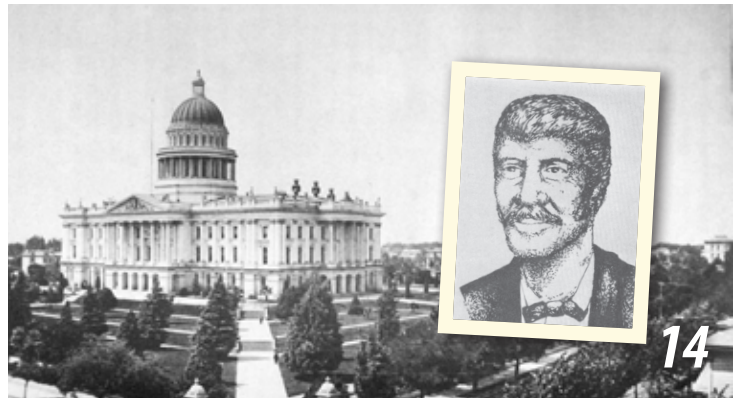
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Association Mission Statement: To support the role of Sheriff as the Chief Law Enforcement Officer in each county and to speak as a collective statewide voice on matters of public safety.

Foundation Mission Statement: To provide education and training services to the 58 Elected Sheriffs of California, their departmental employees and other members of the California State Sheriffs' Association.



- SHERIFF DON BARNES
- ORANGE COUNTY

In closing out my term as CSSA president I want to extend my appreciation to each of my fellow sheriffs for entrusting me with the honor of serving in this position. I would also like to thank the tremendous CSSA staff and our legislative advocates who continue to work so hard to accomplish our association's mission. And I congratulate Sheriff Brandon Barnes on becoming our new CSSA President. I know he will represent us well.

Among the most important accomplishments of the last year was passage of Proposition 36. I am proud that CSSA and our fellow law enforcement associations withstood political pressure and stayed committed to bringing the initiative to the ballot. Now each of us is doing what is necessary to implement the will of the voters and use the tools provided by the initiative. Please stay committed to the effort to collect and track data on Proposition 36's impact. The data will tell the story of the value of a balanced criminal justice system.

It is important we continue to stay united and use our influence as sheriffs to enact commonsense public safety policy. With Proposition 36 and high-profile district attorney elections, Californians showed their support for holding criminals accountable and rejected the failed policies of the past decade. This mandate from voters must not be forgotten and should be built on with additional changes to state law. The need for that change remains evident on our streets and in the halls of the State Capitol.

The safety of our communities continues to be jeopardized by laws that fail to hold repeat criminal offenders accountable. In April we saw a recent example of this deficiency in my county. On Easter

Sunday, the families of two teenagers killed by a drunk driver in 2021, were informed that the man responsible for those deaths would soon be released from state prison after serving only three years of his ten year sentence. It is worth noting this man was twice deported and had previous criminal convictions including burglary in 2005, vehicle theft in 2007, and battery on a spouse with kidnapping in 2014. This is unacceptable and is a disservice to their victims and their families. We have to stop the premature release of offenders and end the use of excessive early release credits.

While many in the Legislature recognize the need for change, actions in the first few months of the 2025 Session suggest that too many have not yet gotten the message. This was demonstrated by the Assembly's handling of AB 379, a bill that would have made it an automatic felony to purchase a 16 or 17-year-old for sex. Despite bipartisan support for the measure, key decision makers in the Assembly blocked the provision in favor of a watered-down proposal. Other legislators continue to push forward legislation that would expand the number of offenders eligible for early release (AB 622) or expand felony diversion programs (AB 1231).

Despite these challenges and the fervency of the opposition, I am hopeful we will achieve the necessary change to rebalance our criminal justice system. By staying engaged, speaking out, and being innovative we will accomplish our goal of a safer California. Success in this effort is important to the residents we serve and has great impact on the future of our respective communities.

That future is very much in the forefront of our minds this month as mark the 249th anniversary of our nation's independence. Over the next year, celebrations across the country will occur as we lead up to America's Semiquincentennial on July 4, 2026. While this will be a time to reflect on our 250 year history, it is also important to be important to ahead. President Ronald Reagan once noted that of all the national anthems he was aware of, ours is the only one that ends in a question:

O say does that star-spangled banner yet wave o'er the land of the free and the home of the brave?"

Sheriffs have a unique role in making sure that question is answered in the affirmative. It is the men and women of our agencies who help provide the security and preserve the peace so that all Americans can have the life, liberty and the pursuit of happiness so eloquently described in the Declaration of Independence. I have no doubt the members of CSSA are committed to this sacred responsibility and I look forward to our continued work together on this important task.

Sheriff Don Barnes, Orange County
Outgoing CSSA President



■ SHERIFF BRANDON BARNES
■ SUTTER COUNTY

Greetings from the California State Sheriffs' Association (CSSA). I am Sutter County Sheriff Brandon Barnes, the twenty-fourth sheriff elected to Sutter County. I also have the privilege of serving as President for the CSSA over the next year. This is a tremendous honor and one I take seriously as I will be advocating for all fifty-eight sheriffs of our California counties.

This association has been in existence for roughly 131 years and was established to support the role of the sheriff. The law enforcement profession is constantly evolving, and our members are committed to preserving the fundamental principles of this profession, while looking to the future and ensuring best practices.

Over the next year, I will be focused on ensuring proper law enforcement resources to address fires, floods, and other natural disasters. I will be keeping a close eye on legislative issues, specifically those bills that erode our moral foundation and seek to undermine public safety. I will advocate for those being victimized and continue to uphold the integrity of the California and United States Constitutions.

The overwhelming passage of Proposition 36 has put some teeth back into certain theft and drug related offenses. While it's good to get habitual offenders off the streets, there are challenges with establishing treatment programs, along with the increases to our jail populations. There are fiscal impacts to our respective budgets and data collection will be an important part of showing what impacts Proposition 36 will have on our services.

Under our current federal administration, border security will be an important public safety issue in the coming years. The California Values Act (SB 54) does limit local law enforcement's ability to communicate with our federal partners, however it does not prohibit it. The safety of our communities will continue to be a priority as we move forward. It will be important to maintain a commonsense approach to issues occurring at our State's southern border.

I will continue to advocate for our corrections facilities. We must work through the Board of State and Community Corrections to ensure funding for jail infrastructure, training, educational programs, and mental health services to support rehabilitation for those in our custody.

Advances in technology have become an integral part of public safety. The CSSA is at the forefront of developing options for efficiencies, and we also work with numerous partners that support us through technological advances. I am dedicated to supporting these advancements to ensure the best possible service.

While I have the honor of carrying the title of President this year, the success of our association will always depend on the contributions of all fifty-eight sheriffs, a dedicated CSSA staff, and the support of the communities we represent. Thank you for this opportunity.

Sincerely,

Sheriff Brandon Barnes, *Sutter County*

Incoming CSSA President

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For more information, please contact
Executive Assistant II, Chelsea Weathers at
cweathers@calsheriffs.org or Executive Director
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▪ **M. CARMEN GREEN**
▪ **EXECUTIVE DIRECTOR**

CSSA Corporate 100 Partners

The California State Sheriffs' Association & Foundation would like to thank our **80 Corporate 100 Partners (see page 6)**. We truly appreciate your support!

The Corporate Partners Program provides corporations with a unique advantage because this is the only program that provides a one-on-one forum where corporations and Sheriffs can exchange information and collaborate on law enforcement issues. It provides corporations with the opportunity to showcase their latest products and services on a more intimate level with the Sheriffs and key decision makers. The many personable networking opportunities allow you to build strong relationships with the Sheriffs.

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- One-year subscription to CSSA's quarterly publication California Sheriff, "Capitol Wrap" legislative newsletter and "Client Alert" memorandums.
- Name recognition in every edition of California Sheriff magazine (including the Special Edition which is distributed every election year).
- Partner listing on CSSA website with a direct link to your company's homepage and description of services.
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For More Corporate Partner Information, email Chelsea Weathers at cweathers@calsheriffs.org or Carmen Green at cgreen@calsheriffs.org. ✨



▪ CORY SALZILLO
▪ LEGISLATIVE DIRECTOR

Springtime in the Legislature was marked by months of fast-moving policy and fiscal committee hearings for thousands of legislative proposals before the house of origin deadline on June 6. In May, CSSA held its annual Legislative Days on Tuesday, May 6 and Wednesday, May 7. Sheriffs and staff from around the state met with members of the Legislature from both houses and both parties and discussed a number of important budget and policy issues. A couple of the policy issues we discussed that were high priorities that CSSA opposed included **Assembly Bill 1100 (Sharp-Collins, D – San Diego)**, which would have made it easier for persons involved in criminal activity to seek victim compensation; **Assembly Bill 1144 (McKinnor, D – Los Angeles)**, which would have allowed inmates aged 55 years and older to elect whether to continue a custodial work assignment, to reduce the number of hours worked, or to cease working and retire; and **SB 277 (Weber Pierson, D – San Diego)**, which would have restricted the use of consent searches. All three of these bills were stopped and will not become law this year.

CSSA is also continuing its support for important public safety measures such as **Assembly Bill 400 (Pacheco, D – Downey)**, which would require law enforcement agencies with K-9 units to maintain policies that conform to state guidelines and standards, and **Assembly Bill 992 (Irwin, D – Thousand Oaks)**, which recasts peace officer education requirements to give many more options for prospective officers to satisfy other than just a bachelor's degree or a modern policing degree.

On the budget side, one of the most notable hearings that took place in mid-May was a joint hearing of the Senate Budget Subcommittee No. 5 on Public Safety and the Senate Public Safety Committee. These bodies held a formal hearing to discuss the fiscal implementation of Proposition 36, which allows felony charges and increases sentences for certain drug and theft crimes. Testifying as part of the three panels was CSSA President Orange County Sheriff Don Barnes. Because the ballot initiative itself did not include a

specific funding plan, the concern noted by all panelists was a reiteration of what had been debated since the passage of the proposition. The concern is related to the current lack of treatment availability and treatment infrastructure, workforce shortages, and courtroom infrastructure in the application of the law, and the lack of funds, especially in local government, to implement the proposition. Further, local public safety officials reiterated that new investments are needed to ensure other public safety funding is not impacted.

Governor Newsom commented that if local governments feel Prop 36 is a priority, local governments should step up and fund it. As a result, his May Revision contained no direct funding to law enforcement to implement the measure. Weeks later, the Assembly and Senate agreed to a legislative version of the budget, and while it included modest funding for Prop 36, it was neither enough funding nor directed at the right places.

As of this writing, budget negotiations between the Legislature and the Administration are ongoing and there is no final agreement on Prop 36 spending. The budget includes no resources for frontline law enforcement to support interventions in the community or the custodial implications of enhanced accountability. Despite allocations to the courts, it seems unlikely at best that any of those proposed funds would support prosecutorial efforts related to statutory changes made by Proposition 36 or court security needs that will undoubtedly arise from increased judicial workload. Providing modest treatment funds solely to county behavioral health ignores the roles other entities play in delivering treatment programs, perhaps most notably that of county probation and sheriffs' offices, which must undeniably be part of the equation when it comes to supervision and accountability.

Voters spoke forcefully and unequivocally when 70% of them cast a ballot against rampant retail theft and drug-related crimes and the damage those things are doing to our neighborhoods. The unambiguous voice of the people will be muted if the principles of Proposition 36 are starved of appropriate financial support. We continue to urge the Legislature and the Governor to fully fund Proposition 36.

When the Legislature reconvenes from summer recess on August 18, it only has four weeks to maneuver all remaining bills through the policy and fiscal committees of their second house, then on to the floor and back to their house of origin by September 12. October 12 is the last day for Governor Newsom to sign or veto bills passed by the Legislature. ✨

Cory Salzillo, CSSA's Legislative Director, is a partner of the firm WPSS Group, a pre-eminent team of advisors on matters involving state and local government. The firm effectively influences public policy in a broad spectrum of public sector issues.



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■ JAMES TOUCHSTONE
■ GENERAL COUNSEL

“Adverse Medical Outcome and Risk Mitigation Associated with the Convergence of Calls for Service, Mental Health Crises and Dangerous Substances”

Responding to circumstances involving subjects suffering from mental illness are among the most demanding of law enforcement situations. Variables deputies must balance include their own safety, the interests of the community, and achieving the best available outcome for the person who is at the center of the incident and their family.

The Ninth Circuit recently issued its decision entitled *Scott v. Smith*, 109 F.4th 1215 (9th Cir. 2024), a case involving litigation resulting from a request for law enforcement assistance of this type. The *Scott* decision caused a considerable amount of confusion in the law enforcement community concerning its scope and implications with respect to application of the doctrine of qualified immunity for law enforcement officers encountering persons who, at inception of the contact, may not have been engaged in criminal activity. The short answer – qualified immunity may still apply for lawsuits arising from such encounters, depending on the individual facts and circumstances underlying the incident. However, there are some procedures, protocols and training that agencies may wish to consider in order to foster safety of the community they serve, while also preserving officer safety and mitigating liability exposure arising from such incidents.

LEGAL AND POLICY CONCERNS

As we enter into this discussion, we first acknowledge the events at issue in the *Scott* decision took place in 2019. We must validate the effort of the law enforcement profession and other public service providers to develop continually improving methods and protocols for resolution of mental health related events. In the context of these improvements, case law provides a consistent point that a subject’s potential mental illness is **one** factor in the analysis concerning whether an officer’s use of force against that person is objectively reasonable.¹ In other words, officers should definitely consider this aspect of any encounter they may have with a person in the field. However, this factor is not definitive and does not create a completely different standard for assessment of a use of force against an individual. Other critical factors that a court considers in assessing the reasonableness of the use of force include the severity of the crime at issue, whether the suspect poses an immediate threat to the safety of the officers or others, and whether a suspect is actively resisting arrest or attempting to escape.

In order for officers to assess a person’s mental state, they must receive adequate training on some of the potential indicators that a person is experiencing a mental crisis at the time the officer is encountering that person. Of course, many of the symptoms displayed by persons experiencing a mental crisis are very similar to those displayed by persons who may be under the influence of illicit drugs and/or alcohol. In either event, these symptoms may potentially indicate that a person may be more susceptible

to an adverse medical outcome following a force encounter. Some factors indicative of this potentiality include extreme agitation beyond which the circumstances would otherwise indicate was reasonable; erratic or irrational behavior; delusional behavior; higher pain tolerance; irregular breathing for the circumstances presented; and, of course, actual knowledge provided by witnesses of mental illness or drug or alcohol consumption.

Whenever field resources and the subject’s actions permit, officers should utilize time, distance and cover to attempt to control and defuse any given incident. Recognized de-escalation verbalization tactics should also be utilized. Rapport building should be attempted, whether ultimately successful or not. Mental health care professionals note that a common, reflexive action of asking someone to “relax” or “calm down” may have completely the opposite intended effect, and actually cause a subject to become more agitated. Officers should consider this when dealing with persons who are either mentally ill or under the influence.

Staging medical personnel in the immediate area may assist in mitigating potential adverse medical outcomes if it appears that force may be necessary to detain the subject, contain the situation and foster public safety. If possible, wait until such resources are available prior to engaging in detention of the person.

Officers should also clearly evaluate and communicate the foundational reason they believe that detention is legally justified. This involves a determination of whether the person is a danger to themselves or others, justifying detention under Welfare and Institutions Code section 5150, or if the person is actually being arrested for identified criminal activity. Reports should accurately reflect the reasons for detention or arrest. Moreover, officers should be mindful of activation of body-worn cameras **prior** to actually arriving on scene and encountering a subject. Such situations may unfold very rapidly, thus preventing officers from activating their cameras and capturing critical evidence concerning the encounter. Officers should also be aware of the audio buffering time period for their cameras when making the decision to activate their cameras in order to capture audio evidence of the encounter. In the modern litigation environment, the absence of body-worn video can be a significant barrier to demonstrating the validity of officer actions.

The value of body worn video is even more apparent from the implications of the recent U.S. Supreme Court decision in *Barnes v. Felix*, 145 S. Ct. 1353 (2025). A unanimous Supreme Court opinion has defined there is

no specific time limit in determining totality of circumstances. An example of a particularly sensitive consideration involves what was present in *Scott*, a subject initially located inside his own home.

If a use of force is necessary to safely bring a situation under control, whether use of control holds, body weight or ECW application, officers should be cognizant of the potential metabolic effects on the subject resulting from these force options. Once effectively controlled, a subject should be placed in a position that fosters ease of breathing, such as in a seated position or on their side (rather than prone), as soon as is practicable. Moreover, any staged medical personnel should be cleared for entry into the scene for assessment of the subject's physical condition as soon as it is feasible in order to ensure the best possible medical outcome under the circumstances. Accurate information concerning the type of force and estimated duration of the use of force utilized should also be provided to medical personnel to facilitate effective medical assessment of the subject.

If medical personnel are not readily available for response, the incident commander should task a specific deputy to continually monitor the subject's condition until the arrival of qualified medical personnel. Medical treatment consistent with the deputy's level of training should be provided as soon as it appears that a subject may be experiencing a medical crisis until more qualified personnel arrive to assume such treatment duties. Complaints of inability to effectively breath should be taken seriously by law enforcement officers. Medical professionals indicate that a person may be able to speak

freely, but still potentially be in a state of physiological deterioration. In other words, follow the "better safe than sorry" mantra in such situations.

All of these factors align under the effectiveness of our operational leadership. Many of these situations evolve quickly before a person with formal rank designation is present. Departments may consider how their training and protocols assure that someone on scene provides direction that aligns all the actions being taken toward the resolution we are trying to accomplish.

Agencies should develop and foster consideration of these factors in order to effectively serve their communities in order to attempt to minimize adverse medical outcomes following encounters with law enforcement. Such steps also mitigate liability exposure related to adverse medical outcomes. Development of appropriate policies, protocols and consistent training on these issues are critical to achieve these goals. ✨

The information contained in this article is for general use and does not constitute legal advice. This article is not intended to create, and receipt and review of it does not constitute, an attorney-client-relationship with the author.

ⁱ See *Drummond ex rel. Drummond v. City of Anaheim*, 343 F.3d 1052, 1056-57 (9th Cir. 2003)



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Throughout our careers, we dedicate ourselves to serving others. The job is demanding, unpredictable, and often exhausting. We train for situational awareness, prepare for the unexpected, and push through long shifts without much thought to the toll it takes on our health. But if we want to serve at our best and enjoy retirement beyond the averages, we must start taking care of ourselves now.

Over the years, I've faced my own health challenges and spent a great deal of time learning about the key areas that truly impact longevity—sleep, cardiovascular health, lab markers, structured exercise, and even cutting-edge wellness tools. This isn't just about staying fit for duty. It's about ensuring that we retire strong, that we outlive the averages, and that we enjoy a fulfilling life well beyond the profession.

Let's get serious about optimizing our health. Not just for the job, but for ourselves and the people who care about us.

SLEEP: THE OVERLOOKED PRIORITY

If there's one thing law enforcement schedules aren't built for, it's optimal sleep cycles. We work late nights, unpredictable shifts, and often run on far less sleep than recommended. In our profession, six hours of sleep is often considered a win, but research from Dr. Matthew Walker (author of *Why We Sleep*) makes it painfully clear that chronic sleep deprivation does more than leave us groggy, it cuts our lives short, weakens our cognitive function, and diminishes our ability to perform and recover.

Less than six hours of sleep per night doubles the risk of cancer, accelerates cognitive decline, weakens the immune system, and increases the likelihood of heart disease and stroke. The effects of sleep deprivation aren't always obvious in the moment, but they

silently chip away at our ability to make clear decisions and react effectively. We assume we're functioning normally, yet studies show that our impulse control, emotional regulation, and physical performance all deteriorate when we don't get enough sleep.

Perhaps the most alarming connection between sleep and long-term health is the role of the glymphatic system. This system clears waste products from the brain during deep sleep, including amyloid beta, a protein linked to Alzheimer's disease. When we cut sleep short, we reduce our brain's ability to detox by 25 percent, potentially setting the stage for neurological decline years down the road. I recommend everyone watch the TedTalk - **One more reason to get a good night's sleep** | Jeff Iliff.

Despite the challenges of our profession, there are ways to improve sleep. Sticking to a consistent bedtime, limiting screen exposure before bed, keeping the bedroom cool, and minimizing alcohol before sleep can significantly enhance rest and recovery. Even small changes add up over time, making a noticeable difference in both immediate performance and long-term well-being.

Technology is making it easier than ever to track and optimize our sleep. Two tools that stand out are the Oura Ring and NuCalm, both of which offer valuable insights into sleep and recovery.

The Oura Ring is a small, wearable device that provides highly

accurate data on sleep cycles, heart rate variability, body temperature, and readiness levels. By tracking patterns over time, it helps identify what's working and what needs adjustment to optimize sleep quality. For officers with erratic schedules, this kind of feedback can be incredibly useful in making meaningful changes.

NuCalm takes a different approach, using neuroscience-based technology to induce deep relaxation and improve sleep. It works by slowing brain activity to delta waves—the frequency associated with deep sleep and recovery. For those dealing with high stress, adrenaline spikes, and difficulty winding down after a shift, NuCalm can be an effective way to reset the nervous system, lower cortisol levels, and improve overall mental and physical well-being. I recently started using NuCalm and have recorded a noticeable difference in my deep sleep.

Pairing sleep tracking with stress-reduction tools creates a powerful combination, allowing us to optimize recovery and improve performance both on and off duty.

CARDIOVASCULAR HEALTH: THE RISKS WE CAN'T IGNORE

Heart disease remains the leading cause of death in the United States, but law enforcement professionals face even greater risk than the general population. The 55-year mortality study on police officers paints a sobering picture: 46 percent of officers die from cardiovascular disease, 35 percent before reaching age 60, and 80 percent by age 75. These statistics should be enough to make us pause and reconsider the way we approach our health.

As I highlighted in a previous article written by my wife (Dr. Amy Nett), Atherosclerotic cardiovascular disease, or ASCVD, develops over decades, often silently. Plaque builds up in the arteries, restricting blood flow and increasing the risk of heart attacks and strokes. The conventional wisdom in medicine has long been that high cholesterol alone is the problem and that statins are the universal solution. But the reality is more nuanced, and personalized risk assessment through lab testing is essential.

There are several key markers that give a clearer picture of heart health beyond a standard lipid panel. Apolipoprotein B (apoB) is one of the most accurate predictors of ASCVD risk, as it measures the number of atherogenic lipoproteins contributing to plaque

formation. Lipoprotein (a), or Lp(a), is genetically influenced and can indicate an elevated risk of heart disease. C-reactive protein (CRP-hs) is a marker of inflammation, and elevated levels may signal underlying cardiovascular issues. Homocysteine, an amino acid involved in metabolic processes, has been linked to heart disease, cognitive decline, and even cancer when levels are too high.

Regular lab testing allows us to take control of our health, tracking changes over time and adjusting lifestyle strategies accordingly. Understanding our individual risk factors empowers us to make informed decisions rather than relying on broad medical recommendations that may not be suited to our specific needs.

Exercise: The Secret Weapon for Longevity

It's easy for fitness to take a backseat as responsibilities pile up, but research from Dr. Ben Levine shows that structured exercise can reverse up to 20 years of heart aging. This isn't just about staying active, it's about reclaiming cardiovascular health and ensuring that we remain physically capable for years to come.

The best approach involves a combination of aerobic endurance workouts, high-intensity intervals, and strength training. Regular movement strengthens the heart, improves circulation, and enhances overall resilience. Even for those who have fallen out of routine, it's never too late to start. Consistent training yields noticeable benefits, improving energy levels, mental clarity, and long-term physical function. For more information on this topic, listen to Rhonda Patrick's Found My Fitness Podcast - #90 **How Exercise Prevents & Reverses Heart Aging | Dr. Benjamin Levine.**

FINAL THOUGHTS: IT'S TIME TO TAKE CONTROL

We spend our careers focusing on protecting our communities, but the reality is that we need to protect ourselves too. By prioritizing sleep, tracking key biomarkers, committing to structured exercise, and utilizing the best technology available, we can extend our health span and redefine what retirement looks like.

Retirement should not be a struggle with declining health, it should be a time of strength, independence, and longevity. The choices we make now will determine the future we create for ourselves. Let's make sure we're ready for it.

Sheriff Robert Jonsen ✨


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CALIFORNIA SHERIFFS HISTORY

SACRAMENTO COUNTY



■ SHERIFF JIM COOPER, SACRAMENTO COUNTY

The history of the Sacramento County Sheriff's Office is deeply intertwined with the very founding of our county and the State of California. Established in 1850, the same year California achieved statehood, Sacramento County was created as one of the original 27 counties. The Sheriff's Office was formed to bring order to a rapidly expanding frontier, standing as the oldest law enforcement agency in the region.

Sacramento County quickly became the heart of California's Gold Rush, with thousands of miners, settlers, and fortune-seekers pouring into the region. The county's geography spanned from the fertile Sacramento Valley farmlands to the bustling Sacramento River port, which became a vital hub of commerce and transportation. In the search for opportunity, new settlers also brought a surge of crime, lawlessness, and civil unrest.

Against this backdrop, the county's first Sheriff, Joseph McKinney, a former Texas Ranger, was elected to bring structure and justice to the growing population. His jurisdiction covered vast, undeveloped land with few roads and little communication infrastructure. The first Sheriff's Office was a modest operation, headquartered near the Sacramento River waterfront in what is now Old Sacramento.

Sheriff McKinney's term was short but heroic. In 1852, while pursuing a gang of horse thieves near the Cosumnes River, Sheriff McKinney was killed in the line of duty, becoming the first Sacramento County Deputy to give his life in service to the community.

The early decades were turbulent, with deputies battling notorious outlaws, stagecoach robbers, and violent disputes from the rough-and-tumble mining camps and river towns. As

Sacramento transformed into California's capital and a major agricultural and transportation center, the Sheriff's Office grew alongside it, adapting to meet the needs of a rapidly modernizing society.

As Sacramento evolved from a mining town to California's state capital and a hub of commerce and agriculture, the Sheriff's Office evolved with it. Over the decades, we expanded into specialized units, professionalized our training and operations, and embraced advancements in technology and policing strategies. What began as a small group of pioneers has grown into one of the largest and most respected law enforcement agencies in the country.

Today, the Sacramento County Sheriff's Office employs more than 1,600 sworn deputies and over 900 professional staff, providing services ranging from patrol, corrections, investigations, and court security to air operations, marine enforcement, K9, and specialized tactical teams. Our success is also bolstered by hundreds of dedicated volunteers who serve through numerous other programs.

Our mission remains true to our founding principles: to protect life and property, provide fair and impartial service with integrity, professionalism, and respect - and work collaboratively with the community to ensure a safe and thriving Sacramento County. We continue to be leaders in community policing, crime prevention, and public safety innovation, ensuring Sacramento County remains one of the most vibrant regions in California.

The Sacramento County Sheriff's Office remains a cornerstone of safety and service, proudly standing watch for over 175 years. ✨



"PLANNING FOR A HEALTHY AND HAPPY RETIREMENT" WHAT IS YOUR PLAN "B"?

Retirement is not an easy process. After spending your entire career in Law Enforcement, filled with excitement, long hours, adrenaline rushes and dopamine hits, many think there will never be anything as fulfilling. That's why you want to do some very important planning.

There are different stages in the retirement process.

1. PRE-RETIREMENT

You begin to plan for the big day. And yes, it will be a big day. Walking away from an agency you have spent all those years working for, can be heart wrenching. It has been your identity. It has defined you for the most part. Your Sheriff's department becomes your work family for years and years. Thinking about leaving your "sheriff family" is difficult. Planning correctly is the answer to getting through it in a healthy way.

Lets talk about financial planning first.

Here is some advice from a financial planner:

- A.** Pay off all credit cards
- B.** Know what your health care costs are going to be. Price your premiums
- C.** Plan for long term care
- D.** Know and understand your taxes
- E.** Review your current living expenses
- F.** Plan your budget and see if it is doable for you
- G.** Know your income sources
- H.** Complete a living trust/will
- I.** Get help from a financial advisor prior to retiring

Now let's address the emotional impact retirement may have on those getting ready to retire.

Begin by asking yourself some very important questions.

- 1. What are your expectations when you think of retirement?
- 2. Why are you afraid to retire?
- 3. What do you think your retirement will look like?
- 4. Where are you planning on living?
- 5. Where are you emotionally when you think of being retired?
- 6. Are you happy with your decision?
- 7. Are you happy in your relationships at home?
- 8. What kind of structure are you going to put in place?
- 9. How are you going to stop from getting bored?
- 10. What is going to keep you busy?

My husband worked at the San Bernardino County Sheriff's Office for 38 years. When he decided to retire I had him answer these questions, because I knew from experience as a clinician (and a wife), his answers would tell us both if he was ready.

My concerns, and the concerns for all of you, is how to adjust to the change., and there is a drastic change.

2. THE BIG DAY

All the celebrations and all of the good-byes

The celebrations are fun. It is great to be honored for all those years of service. Saying goodbye to those coworkers, and community members that you know in your heart you will probably never see again can hurt. You know it and they know it. The relationship you



had with them was through work. Sure there is a chance you may run into each other again, but it is slim, especially if you plan on moving out of state. This is the part of the celebration that brings melancholy and some sadness. After all, some of these people you have worked with for 25-40 years.

3. THE HONEYMOON

Yay I can do whatever I want to do!!!

This can last for about 12 months. You really are having a lot of fun. You are playing a lot of golf(if that is your sport),you are spending a lot of time with your family, and you are doing some traveling. It feels great not to have deadlines etc. Around the 6 months to 1 year you are flying high. Then suddenly things can change. The awful feeling of disenchantment sets in.

4. DISENCHANTMENT

"Is this all, you ask yourself?" "Now what do I do?"

Remember, you have been a public servant for your entire career, and maybe even before that. My husband was in the army and then worked for the US Forest service, so he had a lifetime of giving back. A lifetime of relevance. Letting go of that was not easy, even though he knew, there was a possibility he would feel disenchanting. Here are a few things to consider or to at least ponder on how they can impact you in retirement.

There is a loss of identity. You have for your entire career been a member of a department and team. You have had a status of power per se, and you have been defined by your position and career. Your job is an identity. You may now feel a huge part of who you are(tan and green) is gone. All those things that drew you to the career, structure, camaraderie, a sense of belonging and a purpose feel gone. You enjoyed a career of unknowns, unpredictability, excitement and filled with making a difference. The adrenaline and dopamine that got dumped into your brain on a daily basis is hard to give up, and frankly both chemicals are addicting. Not having the opportunity to experience these like you once did while working

can cause depression and it can also cause you to seek out high risk behaviors.

Realizing there is going to be a loss of friendships and social interactions, is hard. This is when it starts to set in. There is nothing like the bonding that takes place inside Law enforcement . I call it the "locker room connection". Leaving the "team of coworkers" is the hardest. Your back ups, your buddies (male and female).

You can also feel like you have lost your sense of purpose. Being in Law Enforcement gives you a purpose that is hard to match. You may begin to feel like you will never have a fulfilling purpose again. Sadness sets in, and so can fear. Fear that you are always going to feel this way. How do you regroup? Re-orientation of your life hopefully begins.

5. RE-ORIENTATION

Building a new life and identity

Look at how you can start to reinvent your purpose.

- Give back. Find something that satisfies your need to help others.
- Volunteer (great for heart health).
- Mentor others.
- Serve others
- Coach
- Be a consultant
- Now is the time you begin to contact your old friends and increase your social interactions
- Join retirement groups
- Continue going to department retirement functions
- Prioritize those people that matter to your heart
- Reassess those that matter in your life
- Remove the negative people from your life
- Intentionally stop isolating
- Beginning to engage in new activities is paramount to your happiness in your new retirement stage.
- ROUTINE Now you have accepted your new life and it is fun to move on.
- Embrace it
- Enjoy it
- Travel
- Get involved in hobbies
- Start life long learning activities (great for brain strength)
- Read books
- Learn a new language
- Start a new musical instrument
- Push your boundaries
- Get a dog (or cat I guess)
- Create a bucket list, start marking them off
- Join book clubs
- Join sports clubs
- Build
- Create
- Join a church
- Spend more time with your family

These are just a few things you can do to fill your time and start to move forward. You have your own list, check those off, it will help with boredom.

Throughout your career we hope you practiced wellness. In retirement it is a must., You have more time on your hands so you

will want to incorporate some of these wellness tips into your daily lives.

- Exercise
- Physically keep moving
- Workout
- Yoga
- Pilates
- Meditate
- Practice Mindfulness
- Pray
- Learn relaxation techniques
- Practice good nutrition
- Get sleep(you have been deprived for years)
- Play sports
 - › Golf
 - › Ski
 - › Pickleball (just to name a few)
- Get outdoors Try to go outside everyday for at least 10 minutes with your shoes off and stand barefoot in green grass, it can ground you.
 - › Hunt
 - › Fish
 - › Camp (just to name a few)
- Get 10 minutes in the morning of sunshine so your melatonin begins to get produced, which helps your sleep.
- Take supplements
- Take vitamins
- Watch your intake of alcohol moderation matters, or better yet abstain.

Do all of the traveling you have planned to do If I may say, having gone to all of our 50 states at least once, there is so much to see and do in this country. I have found it to be fantastic, moving and filled with the greatest people and places.

Your job may have created many "ghost memories" from those unpleasant and critical incidents you encountered over the years. If you find you are triggered and the memories of these events cause physical or emotional disturbances, please go talk to someone about it. The clinicians that work with Law Enforcement that are culturally competent are usually trained in Eye Movement Desensitization. (EMDR), or they will know where to refer you. Do not think you have to carry all that baggage with you into retirement. You do not. EMDR can clean out the part of the brain that stores all those ugly memories. Since you have a lot of time on your hands, and it gets very quiet at times, those memories seem to rear their ugly heads. You may not realize you suffer from Post traumatic stress(PTS) or Post Traumatic injury(PTI) and both are uncomfortable to live with. Unfortunately there are some of you that may suffer from Post traumatic stress disorder(PTSD). All three of these can disrupt your plans to have a peaceful and happy retirement.

I am hopeful that if you are considering retirement in the future that you have nurtured your relationships and family throughout your career. That makes retirement easier. However, if there are family dynamics that have not been healthy, or you have swept them under the rug, they may surface more now that you are home more.

Communication is the key. Let your family members know about your retirement plans. Talk to them about your concerns, fears, and expectations. It is okay to be vulnerable with them, and them with you. Talk about your hopes and dreams and the plans you want to make about retirement. There is a lot to discuss, believe me I know. It's a lifetime decision not made easily, and sometimes not with understanding the entire transition's difficulties.

When you decide to retire do it with a plan, before you walk out that door. Go after your "plan B" with gusto. Look forward to it. Make it enjoyable, filled with lots to do. Be one of those people that say "I am so busy, I don't know how I had enough time to work". If you consider yourself a workaholic, and you "just have to work", then go find a part time job if you want. (notice I said part time). That may ease you into full retirement someday. It could be like a trial run. Make your "second curve" fun, and adventurous. You deserve it. A heard a retired deputy chief has been retired longer than he worked. That was his goal, and he met it. By the way, he is not the only one I have heard that about. They had a plan, remained healthy and met their goals.

I leave you with this. Find gratitude in whatever you are doing. Connect with your spiritual power, be mindful every day. Take mental snapshots of those "feel good moments" you get to experience daily. Be kind, be positive, have compassion. Focus on joy, whether you are retiring or not. ✨

Be safe,

Nancy Bohl-Penrod, Ph.d.

Founder/Consulting Director/Trainer

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In June, the Placer County Sheriff's Office had the pleasure of hosting the 131st California State Sheriffs' Association Annual Conference held in the picturesque Palisades area of North Lake Tahoe.

Consistently ranked among California's healthiest and most educated counties, Placer is a vibrant, safe, and economically strong region. Our residents take pride in where they live and so do we. The Placer County Sheriff's Office is proud to serve our exceptional community. From the Sacramento County line to the Nevada state border, we provide law enforcement services to unincorporated areas and contract services to the City of Colfax and the Town of Loomis. We also oversee jail operations, coroner services, court security, and marshal duties countywide. Our mission is clear: to protect the people and preserve the way of life that makes Placer County so special.

In today's evolving world of law enforcement, gatherings like the CSSA Annual Conference play a vital role in building professional connections and sharing valuable insights. Over the course of four days, we engaged in meaningful networking, enhanced our skills through professional development, and enjoyed a few well-earned moments to soak up the view in Tahoe.

With wildfires becoming an all-too-common threat in our state, one of the most impactful sessions of the conference focused on POST-certified training around managing extended, high-complexity incidents. Attendees took a deep dive into lessons learned from the Palisades and Eaton Fires, the second and third most destructive wildfires in California's history - both occurring in January 2025. Combined, these disasters damaged or destroyed more than 18,000 structures, underscoring the importance of coordinated emergency response.

The training featured firsthand accounts from those on the front lines, including CAL FIRE Chief Hudson, who served as Incident Commander during the Palisades Fire. Captain Josh Tindall and Lieutenant Ben Machado of the Placer County Sheriff's Office detailed their roles as Law Enforcement Liaison Officers—highlighting their work in evacuation, repopulation, and a newly developed credentialing process to issue secure passes for private security and fire personnel, a procedure of growing interest across California.

The session also included insight from LAPD Lt. Eric Lee and LASD Sgt. Angelica Estrada, who spoke about the challenges of managing simultaneous major fire events. Their collective experience provided valuable strategies for handling complex incidents that stretch across jurisdictions and time.





An important element of the Annual Conference is honoring the sacrifices made by law enforcement spouses. Behind every badge is a spouse who plays an essential, though often unseen, role in supporting their family and community. From juggling daily responsibilities to providing steady strength at home, their contribution is immeasurable. A special part of the conference was the Spouses Meet & Greet, offering a space for connection, support, and camaraderie.

Throughout the conference, our Sheriffs had valuable opportunities to exchange insights and learn from one another. The Welcome and Networking Receptions offered a space to foster meaningful one-on-one conversations. There was also an opportunity to get out on the green - with a golf tournament at Old Greenwood Golf Course. For those who didn't hit the links, they had a chance to join in some friendly competition during the cornhole

and shooting contests - capped off with a country-western-themed BBQ dinner that brought everyone together.

We ended the Conference with the Installation Banquet, with Assemblyman Joe Patterson swearing in our 2025-2026 Officers:

- **President** - Sheriff Brandon Barnes, Sutter County
- **1st Vice President** – Sheriff Chad Bianco, Riverside County
- **2nd Vice President** – Sheriff Ian Parkinson, San Luis Obispo County
- **Secretary** – Sheriff Shannan Moon, Nevada County
- **Treasurer** – Sheriff Jim Cooper, Sacramento County
- **Sergeant-at-Arms** – Sheriff Jeremiah LaRue, Siskiyou County

It was an honor to welcome our fellow Sheriffs to Placer County. We hope everyone left feeling recharged, inspired, and maybe just a little lighter after a breath of crisp mountain air. 🌟





SMOKED & SERVED: SHERIFFS AND AIRMEN UNITE FOR CSSA'S 1ST ANNUAL BBQ COMPETITION

■ SIERRA PEDLEY, SUTTER COUNTY SHERIFF'S OFFICE

FAIRFIELD, CA — The unmistakable aroma of hickory-smoked ribs and tangy BBQ chicken drifted through the air at Travis Air Force Base on Thursday, May 29, 2025, signaling the start of something truly special—the **First Annual BBQ Cook-Off**, a spirited culinary showdown between eight Northern California sheriff's offices.

Born from a playful debate between **Solano County Sheriff Thomas Ferrara** and **Sutter County Sheriff Brandon Barnes**—both claiming BBQ supremacy—this friendly rivalry quickly sizzled into a full-fledged community event. With support from the **California State Sheriffs' Association** and **Travis Air Force Base**, the competition became a celebration of camaraderie, collaboration, and gratitude.

“We thought, if we're going to cook all this food, why not cook for those who serve?” said Sheriff Brandon Barnes. “Feeding the Airmen and staff at Travis was a no-brainer.”

And so, under the early summer sun, uniforms were swapped for aprons as sheriff's offices manned their grills and smokers with pride. The event welcomed **Airmen, base personnel, and local civilians** to enjoy free BBQ and connect with the law enforcement officers who serve their communities.

But make no mistake—this was still a competition. Each team brought their best recipes and grill game, determined to win over the panel of guest judges: TV personality **Tamera Mowry-Housley**, journalist **Adam Housley**, from the Food Network BBQ Brawl **Chuck Matto**. With a clipboard in hand and sauce on their fingers, the judges carefully sampled each agency's offerings—ribs, chicken, and beans—scoring them on flavor, presentation, and creativity.





Overall Winners - San Joaquin County

After much deliberation, the winners were announced:

- **Best Ribs:** Yuba County Sheriff's Office
- **Best Chicken:** Solano County Sheriff's Office
- **Best Beans:** El Dorado County Sheriff's Office
- **Overall Champion:** San Joaquin County Sheriff's Office

Despite the high stakes, the spirit of the day remained focused on unity and appreciation.

"At the end of the day, it's really about giving back and coming together as a law enforcement community," Sheriff Barnes shared. "And serving another community that's part of all our hearts. We're all very patriotic people, dedicated to our communities and our country."

As grills cooled and the last bites were savored, smiles were shared, connections were made, and a new tradition was born.

The **1st Annual BBQ Cook-Off** not only crowned the best BBQ among local law enforcement but also highlighted the power of partnership—between agencies, between communities, and with the men and women in uniform who protect us all. 🌟



9-1-1 for Kids



▪ SHERIFF MICHAEL L. JOHNSON, SHASTA COUNTY

9-1-1 for Kids is a National and International foundation focused on training, education, and awareness for youth. The program targets youth and grade school aged children teaching them emergency reporting skills utilizing the 9-1-1 call system. The organization hosts an annual reorganization of heroic efforts by kids in real life emergency situations here in California. On April 24, 2025, 14-year-old Shasta County resident Cade Johnson was honored on the steps of the Sacramento Capitol building for his courageous acts and heroic 9-1-1 performance in protecting his family. CSSA President (1st Vice President at the time) Sutter County Sheriff Brandon Barnes and Shasta County Sheriff Michael L. Johnson were there to proudly represent and honor this young man.

On the evening of January 11, 2024, in Shasta County, California, a male subject randomly launched a brutal assault on an occupied family residence. The 33-year-old male assailant, unknown to the victims, initiated his assault by pouring gasoline on both the residence and a parked truck before setting the truck ablaze. As the vehicle became fully engulfed in flames, the fire quickly spread and ignited the dwelling. Inside the residence the Johnson family, a father and his five children, rapidly deployed safety measures amid the sudden assault. Cade Johnson emerged in heroic fashion in protecting his family.

That night, Cade's father awoke to flames outside his window. As he ran to put out the fire. Cade, who ironically had been awake watching the television show 911, heard his dad yell out, "Call 911". Cade immediately picked up the phone, saw the fire, and began reporting the emergency to dispatch. Outside, Cade's father encountered an armed assailant. He ran back inside to retrieve his own weapon. The assailant, armed with a shotgun and buckshot rounds, began firing into the residence. While still on the phone with dispatch and relating the series of events, Cade was struck twice in the arm by the shotgun rounds.



Pictured: Assemblywoman Heather Hadwick (CA State Assembly - District 1), Cade Johnson, and Sheriff Michael L. Johnson (Shasta County)



Pictured Top Row: Sheriff Brandon Barnes (Sutter County), Assemblywoman Heather Hadwick (CA State Assembly - District 1), Sheriff Michael L. Johnson (Shasta County) Bottom Row: Kimberly Johnson (mother), Ari Johnson (sister), Cade Johnson, and Bobby Johnson (father)

At just 14 years old, Cade Johnson demonstrated an extraordinary level of bravery, presence of mind, and selflessness during this active arson and shooting incident. Cade remained calm and composed under the most harrowing of circumstances, calling 911 the moment he saw flames outside the home, staying on the line even after being shot twice, and continuing to prioritize the safety and emotional well-being of his younger siblings. The chilling 911 recording is example of this young man's bravery and steadiness under extreme conditions.

Despite his injury, Cade stayed level-headed. He ran to the back of the property to take cover, removed his shirt to wrap his arm, and updated the dispatcher that he had been shot. Believing his siblings and father might not have survived, Cade found the strength to walk back toward the house. When he saw his siblings alive and coming toward him, his first instinct was to protect them: "Turn around!" he shouted, not wanting them to see him covered in blood. His sister was on FaceTime with their mom, and Cade said, "Tell her I'm okay first before you tell her I got shot."

Also noteworthy in this case, Cade's younger teen sister Ari, stood valiantly in the face of danger protecting her siblings. Ari gathered her younger siblings together and took shelter in the corner of the house. Ari shielded them with her own body and reassured the kids they were going to be ok throughout this incident.

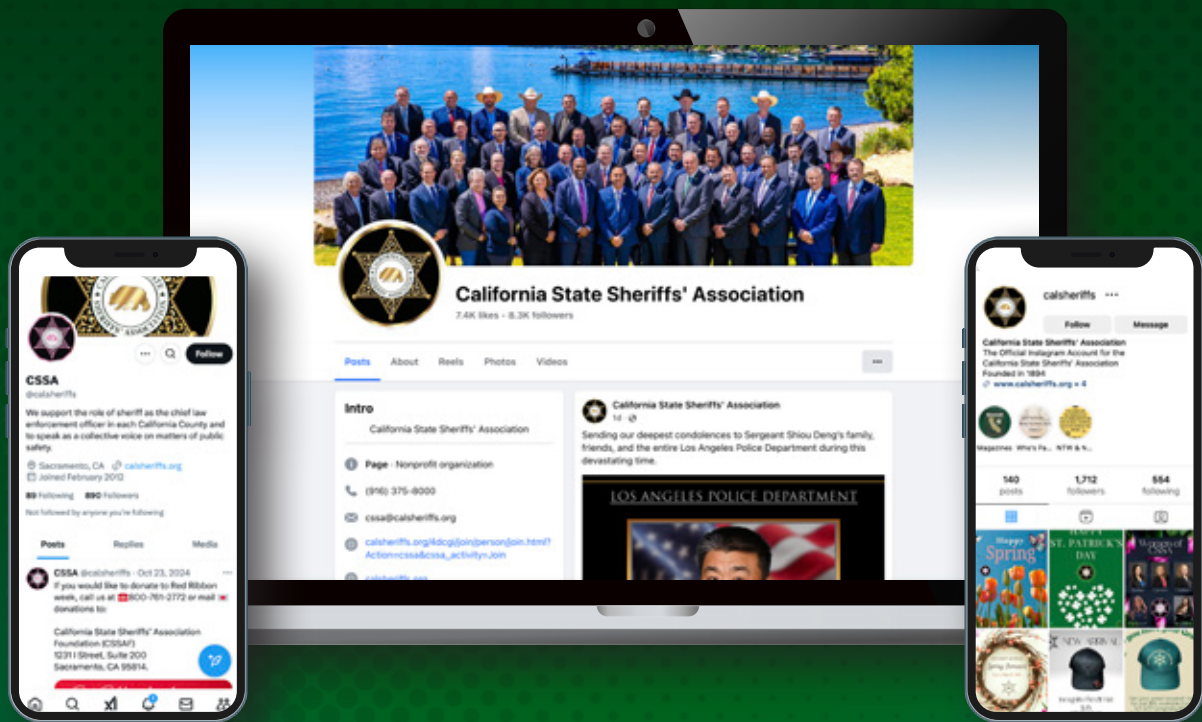
By the time deputies arrived, Cade had grabbed a blanket to shield the sight of his injuries from his siblings and calmly recounted the events of the night while seated on the porch. When his mother arrived moments later, his first words were, "Mom, I'm fine, go check on the kids." At the hospital, his composure and

kindness were evident to every professional he encountered. And when his mom finally reached his bedside in the trauma bay, Cade, quick-witted and sincere, said, "Mom, I don't need therapy!" It was a rare moment of laughter in the chaos of the night.

We want to once again congratulate Cade for his heroic actions and highlight the importance of the 9-1-1 for Kids program in preparing young individuals to respond in times of emergency. Cade's quick thinking and courage serve as a powerful reminder of why early education in emergency response is so vital. 🌟



CHECK US OUT ON SOCIAL MEDIA!



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The California State Sheriffs' Association Foundation is only possible through the continued support of our wonderful members! So, we would like to highlight, you!

- **For a chance to be featured on our Social Media (Membership Monday), please share with us why you were inspired to join as a member of CSSAF.**
- **Please send all responses to members@calsheriffs.org**
 - » We kindly ask that you include only your First Name and County in which you reside.
 - » No pictures needed.

Again, thank you all for your continued support of the California State Sheriffs' Association Foundation.

California State Sheriffs' Association Foundation Membership Program

Individuals and Businesses who want to take a proactive approach to support public safety in their communities may join the California State Sheriffs' Association Foundation (CSSAF). CSSAF is entirely funded by the generous contributions and support from our members. We are a qualified, non-profit organization under 501(c)(3) of the Internal Revenue Service Code, which means that your donations qualify as tax deductions. The sheriffs of California have full control and direction of all association operations and activities.

Individual Membership Levels

ASSOCIATE, STUDENT & RECENT GRADS, & JOINT MEMBERS

- ★ Personalized membership card
- ★ Two Bumper stickers
- ★ One-year subscription to California Sheriff

LIFETIME & JOINT LIFETIME MEMBERS

- ★ Personalized plastic member card
- ★ Metal license plate holder
- ★ Two Bumper stickers
- ★ Name recognition as a Lifetime Member in California Sheriff
- ★ Lifetime subscription to California Sheriff
- ★ Lifetime Member specific merchandise

Business Membership Levels

BRONZE, SILVER, GOLD & PLATINUM MEMBERS

- ★ Membership Plaque (plaque size and star color depends on membership level)
- ★ Membership cards
- ★ Two Bumper sticker/window decals
- ★ One-year subscription to California Sheriff
- ★ Partner listing on our website, calsheriffs.org (Gold Members Only)
- ★ Partner listing with your website link on our website, calsheriffs.org (Platinum Members Only)

We never solicit by telephone.



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2025 Membership Form



Please check the membership level you wish to join or which you would like to renew your current membership at:

☐ Individual Membership Levels

- ☐ Associate (\$50)
- ☐ Joint (\$65)
- ☐ Lifetime (\$400)
- ☐ Joint Lifetime (\$450)
- ☐ Student & Recent Graduate (\$25)

Name of School _____

Year you will graduate/graduated _____

☐ Business Membership Levels

(Renewal rate will be at business level joined)

- ☐ \$100 Bronze (7x9 plaque)
- ☐ \$500 Gold (9x12 plaque)
- ☐ \$250 Silver (8x10 plaque)
- ☐ \$1000 Platinum (10 1/2x13 plaque)

☐ Additional Donation \$ _____

☐ To participate in the Refer-A-Friend promotion, please list the name/phone number of the friend that referred you:

Name _____

Phone No. _____

Name/Company _____

Address _____

City/State/Zip _____

Joint Member Name _____

Member No. _____ Phone No. _____

Email _____

Description of your business (Business Members Only) _____

METHOD OF PAYMENT

Send order form to California State Sheriffs' Association Foundation, 1231 I Street, Suite 200, Sacramento, CA 95814.

☐ Check Enclosed

Please make all checks payable to **California State Sheriffs' Association Foundation (CSSAF)**.

☐ Credit Card

- ☐ MC
- ☐ VISA
- ☐ AMEX
- ☐ DISCOVER

Credit Card Number _____

Expiration Date _____ Security Code _____

Name on Card _____

Authorized Signature _____

CSSAF Merchandise

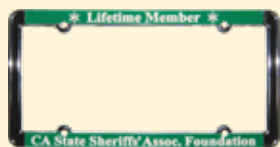
Exclusive Lifetime Member Merchandise

Lifetime Merchandise can only be purchased by Lifetime Members.



P.

Now available in Charcoal!



I.

Lifetime Merchandise now available online!

Please Note: You must be logged in to view Lifetime Merchandise.



New!
FF.

E.



Black German
Shepard

Lab

Cowboy

Cash

New!



G.



F.



New! C.



ZC.



ZD.

New!



R. New!



New! Q.



O. New!



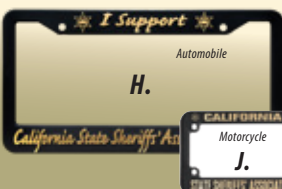
M. New!



L.



N. New!



H.

Automobile



J.

D.



K.



B.



A. New!



U.

T.



ZB.



Z.



ZF.



V.



Y.



ZA.



X.



ZE.

S.



Name _____

Address _____

City/State/Zip _____

Member Number _____ Email _____

Phone Number _____

Merchandise Form



ITEM	COLOR/SIZE/DESCRIPTION	QTY	UNIT PRICE	SUB TOTAL
A	14 oz. Travel Coffee Mug New!		\$25	
B	20 oz. Graphite Tumbler		\$15	
C	Belt Bag New!		\$40	
D	Belt Buckle		\$40	
E	CSSA K9 Plush Dogs		\$25	
F	Challenge Coin		\$10	
FF	CSSA Ornament		\$15	
G	Lapel Pin		\$6	
H	License Plate Frame		\$10	
I	Lifetime Member Metal License Plate Frame		\$20	
J	Motorcycle License Plate Frame		\$10	
K	Star Lapel Pin		\$5	
L	Baseball Cap		\$15	
M	Black Flexfit Hat with Black Logo New!		\$45	
N	Black Trucker Hat with Black Logo New!		\$40	
O	Black Beanie With Black Logo New!		\$25	
P	Lifetime Member Hat		\$20	
Q	Women's Tank		\$25	
R	T-Shirt New!		\$30	
S	Women's Pebble Beach Zip Polos ON SALE!		\$20	
T	Women's Cotton Polo Shirt** ON SALE!		\$25	
U	Men's Cotton Polo Shirt—Short Sleeve** ON SALE!		\$25	
V	Men's Camp Shirts**		\$45	
X	Long Sleeve T-Shirt		\$10	
Y	Button Down Men's Long Sleeve Dress Shirt		\$60	
Z	Men's Puffer Vest – Embroidered Logo New!		\$65	
ZA	Quarter Zip Sweatshirt		\$40	
ZB	Microfleece Zip-Up Jacket		\$45	
ZC	Black Hooded Pullover with Black Logo New!		\$40	
ZD	Black Full Zip Sweatshirt		\$45	
ZE	Black Soft-Shell Jacket with Black Logo		\$55	
ZF	Black Soft-Shell Jacket with Gold Logo		\$55	

PRICES GOOD FOR JULY, AUGUST, SEPTEMBER 2025

** Limited Quantities Available

TOTAL FOR MERCHANDISE:

PLUS 8.75% TAX:

SHIPPING & HANDLING:
(SEE S&H CHART BELOW)

CONTRIBUTION:

ORDER TOTAL:

CHECK ENCLOSED: Please make all checks payable to **California State Sheriffs' Association Foundation (CSSAF)**.

Send order form to the address found on bottom right of page.

CREDIT CARD:
☐ MC
☐ VISA
☐ AMEX
☐ DISCOVER

Credit Card Number _____ Expiration Date _____

Name on Card _____

Authorized Signature _____ Security Code _____

SHIPPING & HANDLING CHART	Under \$20	\$5.00	\$40.01—\$60.00	\$9.50	\$80.01—\$100.00	\$13.50
	\$20.01—\$40.00	\$7.50	\$60.01—\$80.00	\$12.50	\$100.01—\$150.00	\$14.50

All orders over \$150 receive Free Shipping

California State Sheriffs' Association
1231 I Street, Suite 200,
Sacramento, CA 95814
1-800-761-CSSA (2772)
www.calsheriffs.org
cssa@calsheriffs.org

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